

Top 10 resources for teaching/coaching Football

There is so much material available for teaching and coaching all sports, especially the world's biggest sport, football, that it can be overwhelming. To help, we have filtered and selected our favourites. We are loath to link to global, online booksellers so wherever possible, we have linked to the original publisher. If there is no link, simply search the title/author.

Developing Youth Football Players by Horst Wein

This is my all-time favourite. Horst Wein is probably the most influential coach that few have heard of. He worked in both hockey and football and was responsible for the systems used by Barcelona FC at their youth academy. This book is so easy to follow and is a great example of development through authentic, age-appropriate, play-based activities

Developing Skill: A guide to 3 v 3 Soccer Coaching

Developing Skill 2: A guide to 3 v 3 Soccer Coaching

Football Principles of Play

All by Peter Prickett

3 v 3 is suitable for all age groups and stages of development. At first glance it requires a little more space and resourcing but there are creative ways to overcome this and the learning possibilities are greatly enhanced in and through all domains, for example, each student has the ball so much so skill development is greatly enhanced. Perhaps, more importantly, if managed well, it provides a much safer environment.

A Year of Primary PE by Mark Carter

Football sessions do not have to only include activities that look like football. Mark Carter knows this as well as anyone. He used to work at the FA in their education team and has recently published this book. I think it's misnamed as many of the activities are suitable for older children and they are the sort of games I always dropped into my girls' football sessions. All the activities have a clear purpose that can easily be transferred to support beginner footballers and make lessons fun, fresh and inclusive.

Scoreboardsoccer.com

Developed by Scottish FA Youth Coach, David Baird, this is a brilliant FREE resource. Deeply thoughtful and applies game based principles extremely well. It comes complete with a free coaching app. We particularly like the Practice Through Play section, but there's loads of excellent material.



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Play with Purpose by Shane Pill

Shane Pill is one of the world's leading thinkers on game based approaches. This is an excellent book. To go a little deeper into his thinking, check out his website - https://learningthroughsport.blogspot.com/ and/or listen to one of the many podcasts that he's featured in. Click here to go to one of our favourites

The Boot Room by The FA

Forward thinking, sortable activities by the people who run the game in England. Open access and clearly presented with downloadable session plans.

Premier League Primary Stars

Wide range of resources on this site. Split into Key Stages but many are easily adapted for older years.

Girls Football School Partnership

This project is a collaboration between the Youth Sport Trust and the FA supported by Barclays. The website has a weatlh of ideas and information including opportunities for free CPD.



